



American Box Car Racing International

A NONPROFIT ORGANIZATION

THE DRIVING FORCE: YOUTH & FAMILIES TOGETHER

TRACK: Kunia Park & Ride • Look For Checkered Flags

OFFICE: 1518 Evelyn Lane • Honolulu, Hawaii • 96822

phone/fax 808-947-3393 • website: www.boxcarracing.org



**EVERYBODY PLEASE READ & FOLLOW ALL RULES
SIGNED WAIVER & HAND STAMP REQUIRED TO USE BOX CARS
TRAIN BEFORE DRIVING • DRIVE AT YOUR OWN RISK
NEVER TOUCH GROUND WHILE DRIVING.**

ABCRI TRACK SAFETY REQUIREMENTS

NOTE: If you are bringing another family's child PLEASE bring their parent, too.

1. Parents/Family Guardians Must Come With Youth (under 18)--No Kids Dropped Off
2. Everyone Must Wear Sports Shoes Covering Feet Entirely--Watch or Drive
3. Youth (under 18) Must Wear Real Long Pants Covering Ankles Fully (no leggings)
4. Helmet * With Strap Required For Each Driver/Rider
5. Adults Train & Supervise Youth On Track
6. Adults Rotate As Track Marshals, Enforcing Track Safety Rules
7. All Participants Required To Attend Safety Orientation
8. Waiver Required to Attend Any Activity (Watch or Drive)

* HELMETS: Bring Your Own Helmet With Strap if Possible

Or Rent Bicycle Helmet At Track For \$2 Each--Sizes To XL

Note: Ages 1 to 6 double up with parent, 7 and older drive solo as able.

Please Leave Your Pets At Home -- Service Animals Excepted.

ABCRI TRACK SAFETY RULES

1. DO NOT USE FEET TO STOP !!!
2. STAY IN YOUR LANE !!!
3. NO RUNNING !!!

4. Stay Off Track When Not Driving
5. Use Brakes To Slow Or Stop
6. Brake Easy, Unless Avoiding An Accident

7. Keep Feet On Foot Rests When Driving
8. Keep Both Hands On Steering Wheel, Unless Braking
9. Keep Hands & Feet Off Track When Driving

10. Drivers Start From First Line On Ramp,
Moving Higher ONLY As Driving Ability Warrants
11. Do Not Push Off From Ramp
12. Start Only When Starter Says "GO"

13. ANY CRASH = Start Down 1 Line On Ramp Next Time
14. ANY RULE VIOLATION = Start Down 1 Line On Ramp Next Time
15. ANY RULE VIOLATION = Automatic Last Place

16. Drive Smoothly – Do Not Wiggle Steering Wheel Back & Forth
17. Do Not Bounce Back & Forth In Car: It's Unsafe & Slows You Down

18. Must Be 18+ To Drive Sumo Car
19. When Doubling Up:
 - A. Driver (18+) Steers
 - B. Rider Under 7, With Legs Crossed
 - C. Instructor Approval Needed If Rider Under 5