

# YOU ARE INVITED TO A BOX CAR TRACK FAMILY CELEBRATION...!

DAY \_\_\_\_\_ DATE \_\_\_\_\_ TIME (begin) \_\_\_\_\_ (end) \_\_\_\_\_

CELEBRATING \_\_\_\_\_

## HERE'S WHAT YOU NEED TO DO

1. If you are under 18, bring Your Parent or Family Guardian (Auntie, Uncle, etc.) to supervise you on the track. If you are under 7, your parent will ride with you in a box car.
2. Make sure everyone wears sport shoes covering feet entirely.  
This includes parents who do not plan to drive, so they can help you on the track.
3. Make sure you and everyone else under 18 wear real long pants **fully covering your ankles**.  
If kids' (under 18) pants are not long enough, they will only be able to watch.
4. Each box car rider or driver needs to either bring a helmet with a strap or rent a helmet at the track for \$2. Kids ages 1 to 6 ride with a parent in a box car. Ages 7 and up drive solo, as able.
5. Come on time for Safety Orientation, if at all possible.

## TRACK SAFETY REQUIREMENTS

1. Parents/Family Guardians Must Come With Youth (under 18) - NO DROP OFFS
2. Everyone Must Wear Sports Shoes Covering Feet Entirely
3. Youth (under 18) Must Wear Long Pants Covering Ankles Fully
4. Helmet With Strap Required For Each Driver/Rider
5. Adults Train & Supervise Youth On Track
6. Adults Rotate As Track Marshals, Enforcing Track Safety Rules
7. All Participants Required To Attend Safety Orientation
8. Waiver Required to Attend Any Activity (Watch or Drive)

## GENERAL INFORMATION

ABCRI's Family Events are an important part of our educational mission. The heart of our Family Events are 1) instructing and supervising parents as they teach their children to drive and 2) facilitating healthy, family bonding activities. Parents (or Adult Family Guardians) are required to attend and actively participate in Family Events. Box Car Track activities can be used year-round for school and youth groups, birthday and other family events, and for employee team building.

## DIRECTIONS

### From Honolulu

Drive Ewa (west) on H-1 and exit at Exit 5B, Kunia (about 2 miles past Waikele)  
Off ramp turns right onto Kunia Road  
Go about 3 blocks on Kunia Road to the 2nd light (also the 2nd Kupuna Loop)  
Turn right at this light onto Kupuna Loop-- Wendy's will be on your left as you turn  
Stay in right lane & go straight for 1 1/2 blocks (through light at Kupuohi Street)  
Turn left into driveway of Kunia Park & Ride, just past bus stop pavilions on left  
Track entrance marked with checkered flags at back of parking lot

### From West Oahu

Drive DH (east) on H-1 and exit at Exit 5, Kunia-Ewa  
Turn left at light (bottom of off ramp) onto Kunia Road, going mauka  
Go about 3 blocks on Kunia Road to the 2nd light (also the 2nd Kupuna Loop)  
Turn right at this light onto Kupuna Loop-- Wendy's will be on your left as you turn  
Stay in right lane & go straight for 1 1/2 blocks (through light at Kupuohi Street)  
Turn left into driveway of Kunia Park & Ride, just past bus stop pavilions on left  
Track entrance marked with checkered flags at back of parking lot



ABCRI BOX CAR TRACK  
IN KUNIA

The Honolulu Advertiser

**ABCRI TRACK WAIVER OF LIABILITY -- Required For EVERYONE At Track – Watch Or Drive**

**GUIDELINES:**

1. Waiver of Liability Required To Attend Any Activity (Watch Or Drive).
2. One Waiver of Liability Per Immediate Family (SAME ADDRESS).
3. **Parents/Family Guardians Must Come With Youth, Sign Waiver & Attend Activity (NO DROP OFFS).**
4. Other Family Members (Kids, Too) Print Name & Sign Below.
5. All Participants Required to Attend Safety Orientation Class
6. Review Complete Track Safety Rules & Requirements from ABCRI Website (www.boxcarracing.org) & at Track.
7. **Key Track Rules To Follow:**
  - A. **HELMET WITH STRAP REQUIRED FOR EACH DRIVER / RIDER**
  - B. **SPORTS SHOES COVERING FEET ENTIRELY REQUIRED FOR EVERYONE, WATCH OR DRIVE**
  - C. **KIDS (under 18) MUST WEAR LONG PANTS COVERING ANKLES FULLY**
  - D. **DO NOT USE FEET TO STOP !!!**
  - E. **USE BRAKES TO SLOW OR STOP**
  - F. **KEEP FEET ON FOOT REST WHEN DRIVING**
  - G. **KEEP BOTH HANDS ON STEERING WHEEL, UNLESS BRAKING**
  - H. **KEEP HANDS & FEET OFF TRACK WHEN DRIVING**

**RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT**

**AS A PARTICIPANT OF AMERICAN BOX CAR RACING INTERNATIONAL (ABCRI), I UNDERSTAND AND ACKNOWLEDGE THAT EVENTS HELD AT THE ABCRI BOX CAR TRACK AND WORKSHOP AND ANY OTHER BOX CAR EVENTS ARE POTENTIALLY HAZARDOUS AND CAN RESULT IN INJURY TO THE PERSON OR DAMAGE TO HIS/HER PROPERTY AND AM FULLY AWARE OF THE RISKS AND HAZARDS INHERENT IN SUCH ACTIVITIES. I ACKNOWLEDGE THE BRIEFING I/WE RECEIVED REGARDING THE TYPE OF POTENTIAL HAZARDS I/WE MAY ENCOUNTER. I VOLUNTARILY ELECT TO PARTICIPATE IN ABCRI EVENTS HELD AT THE ABCRI BOX CAR TRACK AND WORKSHOP AND ANY OTHER BOX CAR EVENTS AND/OR UNDERTAKINGS AND ASSUME ALL RISK OF LOSS, DAMAGE OR INJURY THAT MAY BE SUSTAINED IN CONJUNCTION WITH SUCH ACTIVITY. I AGREE TO CONDUCT MYSELF IN A SAFE AND RESPONSIBLE MANNER WHENEVER ENGAGING IN ABCRI EVENTS AND/OR UNDERTAKINGS AND TO FOLLOW INSTRUCTIONS GIVEN TO ME BY ABCRI OFFICIALS. I ALSO AGREE THAT ABCRI SHALL HAVE THE RIGHT TO PUBLISH ANY PHOTOGRAPHS OR VIDEO IMAGES OF TRACK ACTIVITIES.**

I hereby release ABCRI volunteers and/or officials, the promoter, participants, track operator(s), track owner(s), car owners, car drivers, pit crews, any persons in event areas, sponsors, advertisers, the City and County of Honolulu, its elected and appointed officials, agents and employees, owners and lessees of premises used to conduct the event and each of them, their officers and employees, all for purposes herein referred to as "Releasees," from any harm, injury, or claim whatsoever, and any and all liability for personal injuries or property damage arising out of or associated with my participation in ABCRI Events and/or Undertakings. I agree never to sue Releasees in connection with any and all damages, claims, demands, rights, causes of action or whatever occurring in conjunction with ABCRI Events and/or Undertakings.

I agree for myself and my heirs and legal representatives to indemnify Releasees and to save Releasees harmless from any and all actions, causes of actions, claims, judgments, cost of litigation and attorney fees, which may in any way and at any time result from my participation in ABCRI Events and/or Undertakings.

I have read and understand and agree to the terms and conditions set out above. It is my understanding and intent that an essential element in my participation in ABCRI Events and/or Undertakings is the execution of this Agreement, and that the effect of this Agreement is that I shall assume full risk for any injuries and/or damages sustained in the above stated activities.

**By signing below I acknowledge that I have read this Agreement and agree to all its provisions and above Guidelines for myself and all members of my family, class and/or ward plus anyone signing this form.**

**FAMILY INFORMATION:**

Adult--Parent--Guardian Print Name: \_\_\_\_\_ age \_\_\_\_\_

Street Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Adult--Parent--Guardian Sign: \_\_\_\_\_ Date \_\_\_\_\_ email (not shared) \_\_\_\_\_

**ALL OTHER FAMILY MEMBERS FILL OUT BELOW (By signing below I acknowledge that I have read this Agreement and agree to all its provisions and above Guidelines.)**

Age \_\_\_\_\_ Print Name: \_\_\_\_\_ Sign Name \_\_\_\_\_

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Age \_\_\_\_\_ Print Name: \_\_\_\_\_ Sign Name \_\_\_\_\_

Age \_\_\_\_\_ Print Name: \_\_\_\_\_ Sign Name \_\_\_\_\_

**TRACK SAFETY RULES**

1. DO NOT USE FEET TO STOP !!!
2. STAY IN YOUR LANE !!!
3. NO RUNNING !!!
4. Stay Off Track When Not Driving
5. Use Brakes To Slow Or Stop
6. Brake Easy, Unless Avoiding An Accident
7. Keep Feet On Foot Rests When Driving
8. Keep Both Hands On Steering Wheel, Unless Braking
9. Keep Hands & Feet Off Track When Driving
10. Drivers Start From First Line On Ramp, Moving Higher ONLY As Driving Ability Warrants
11. Do Not Push Off From Ramp
12. Start Only When Starter Says "GO"
13. ANY CRASH = Start Down 1 Line On Ramp Next Time
14. ANY RULE VIOLATION = Start Down 1 Line On Ramp Next Time

15. ANY RULE VIOLATION = Automatic Last Place
16. Drive Smoothly – Do Not Wiggle Steering Wheel Back & Forth
17. Do Not Bounce Back & Forth In Car: It's Unsafe & Slows You Down
18. Must Be 18+ To Drive Sumo Car
19. When Doubling Up:
  - A. Driver (18+) Steers
  - B. Rider Under 8, With Legs Crossed
  - C. Instructor Approval Needed If Rider Under 5

**TRACK SAFETY REQUIREMENTS**

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